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LA SELVA - THE JUNGLE



This session's
song

Actions

Suggested actions and movement

Make a snake with your hands by putting palms together and wiggle like a snake ~ un serpiente.

Point to head and hips for head and tail ~ cabeza y cola.

Beckon with hands and then slowly wave arm behind you to make a long tail.

Jump up and down to count and then repeat actions again getting faster each time.

Suggested adaptations

0-6months:

Pick baby up and enjoy a dance along to this song. Touch baby's head and bottom to show head and tail ~ cabeza y cola too. Gently bounce baby in time with the music as the tempo gets faster.

6months - 18 months:

Perform the actions with baby, helping them move their arms and encourage them to find their head and tail too. Sitting them on your knee holding their hands and bouncing them along will also be lots of fun for them as they feel the tempo increase throughout the song.

In a group:

With an adult or older child leading, start the rest of the group sat in a circle and have the 'snake' leader move around the outside. Tap a couple of children on the head on the line 'come with me' and make a longer snake. Repeat this as the song continues until everyone is a part of the long tail ~ la cola larga!

Snake, Snake, Serpiente

Snake snake, serpiente,
Wiggle wiggle, serpentear,
Snake snake, serpiente,
Head and tail, cabeza y cola,
Come with me, ven conmigo,
And we can make, it's long tail,
Su cola, muy larga!

1, 2, 3, cantamos otra vez!

Repeat and continue to count after
each verse until we get to 10!

3



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Focus word: una serpiente ~ a snake (oo-nah sehr-pyehn-teh)

Why not try...

Wiggle Snake Balancing
~
Serpentear y Equilibrar

1. Use masking tape, taped down string, or chalk lines on the ground outside and create snakes for the children to balance along.
2. The length and curve of the snake can be varied depending on the age of the children.
3. They could try tighrope walker style, on tiptoes, sideways or even backwards for a big challenge.
4. To help their balance they could hold their arms out to the sides and as they get more confident, on hips, or on their head!



EYFS
Curriculum
links

Areas of Learning

Communication & Language

Personal, Social & Emotional Development

Physical Development

Numeracy

Expressive Arts and Design

Resources required:
Space for movement

Observation Opportunities

Listen carefully to rhymes and songs - anticipate the line 'come with me' and respond with waiting or joining the line.

Show effortful control while sitting in a circle and waiting for a turn.

Demonstrate control of body and negotiation of space when moving in a group.

Recite numbers up to and past 5.

Anticipate phrases and actions in songs when hearing repeated phrases