

3

This session's song



LA PLAYA - THE BEACH



Focus word: la arena ~ the sand (lah ah-reh-nah)

Sandy Beach ~ Playa Arenosa

1 Sand in my sandwiches
Sand between my toes
Arena en los bocatas y entre los dedos

2 Sand in my ears and sand up my nose,
Arena en la nariz y en los oídos

E Sandy, sandy beach,
Playa arenosa
Dust it off, dust it off,
Quita la arena,
We like to play, We like to play,
Nos gusta jugar,
In the sandy, the sandy beach,
La playa de arena

C Sandy, sandy beach,
Playa arenosa
Dust it off, dust it off,
Quita la arena,
Let's go play, let's go play,
Vamos a jugar,

C Sandy, sandy beach...

3 Sand in my hair and sand everywhere
Arena en el pelo y en todos lados

Actions

In the sandy, the sandy beach,
La playa de arena

Suggested actions and movement



Raise one hand up as if holding a sandwich, then point to toes.



Bring one arm out to the side of the body then repeat with the other on the lines 'sandy, sandy beach'.



Bring both arms out in front and with palms facing up move out wide on the line 'playa arenosa'.



Make dusting off action on one shoulder then the other and repeat.



Point in front and back to the body on line 'let's go play' then make running action on the words 'vamos a jugar'.



Repeat same 'sandy beach' and 'playa arenosa' actions to finish chorus.



Point to ears and then nose in V2, then hair and all over body in V3. Finish song with same chorus actions and enjoy!



Suggested adaptations

0-6mths

With baby lying down, have fun tickling their toes and hands in the first verse, then ears and nose and finally all over during the verses. In the choruses, you could circle their tummy with your finger and then 'dust the sand' off their tummy too.

6 mths - 1 yr

Enjoy performing the actions for sitting babies to encourage them to copy your actions pointing to body parts and dusting off the sand in the choruses.



LA PLAYA - THE BEACH



Focus word: la arena ~ the sand (lah ah-reh-nah)



Why not try...

What is sand?

~

¿Que es la arena?

Equipment:

- Sand, rocks/pebbles
- Water
- Jug
- Tray

Talk about the clues from this session's video and look at some sand together. Hold a handful and then look closely at the grains. Talk about how hard they feel. Where do those little parts come from?

Show children the rocks or pebbles in a tray and ask them to blow on them. What happens? Nothing! But, explain that lots of wind over a long time can break off little bits of the rock and turn it into sand!

Now get the children to pour the water over the rocks, like the waves move over them in the sea. Does anything happen? Tilt the tray to move the water over the rocks going back and forth like the waves.

Explain that the waves in the sea never stop and so over a long time that's how water and wind turn rocks, stones, pebbles and shells into sand.

Extra vocab!

grains - granos (grahn-nohs)
 soft - blando/a (blahn-doh/ah)
 hard - duro/a (doo-roh/ah)
 rocks - rocas (rrah-kahs)
 stone - piedra (pee-yeh-drah)
 waves - olas (ah-lahs)
 wind - viento (byehn-toh)

EYFS
Curriculum
links

Areas of Learning

Communication & Language

Personal, Social & Emotional Development

Physical Development

Literacy

Expressive Arts and Design

Resources required:
Space for movement

Observation Opportunities



Copy gestures and words ie - finding correct body parts in verses and dusting off the sand in the chorus

Show an ability to follow instructions involving several ideas or actions

Develop manipulation and control using arms and hands to recreate actions in a song

Say some of the words in songs eg, body parts, 'dust it off', sandy beach, playa de arena.

Sing the melody in tune of repeated phrases in song eg. - sandy beach, dust it off.

