



MUNDO HELADO – FROZEN WORLD



Focus word: polar bear - un oso polar (oon oh-soh poh-lahr)

Cinco osos polares Five polar bears

(To the tune of Five Little Monkeys)

Un oso polar,
One polar bear,
Playing in the snow,
Jugando en la nieve,
Having so much fun,
Mucha diversión,
Llamamos a otro,
Let's call another one!

Oso polar, polar bear!

Dos osos polares,
Two polar bears.....

Continue with tres ~ three, cuatro ~ four until:

Cinco osos polares,
Five polar bears,
Playing in the snow,
Jugando en la nieve,
The sun is coming down,
Llega la puesta del sol,
Time for bed now,
Buenas noches cada uno.

Hand Action



Start with one finger ie polar bear on one hand and sing together making a calling action with your other hand on the word 'Llamamos' to encourage children to call another oso polar.



Continue into the next verse with showing two fingers. Repeat calling action as before and continue with these actions in each verse until the final verse, cinco osos polares ~ five polar bears.



In the final verse, continue holding fingers up on one hand then make a sun shape then make a shhh action to say goodnight to the polar bears.

Suggested adaptations

Babies

- Enjoy this fun finger action song using your hands in front of baby, or touching / counting up the numbers on their fingers along to the song.
- Have fun making a 'playing in the snow action with them in each verse.
- Make an exaggerated calling action to call another polar bear with 'oso polar'.

Parachute

- Start with one polar bear on the chute and roll it around to show playing in the snow making big waves.
- Make a call action to encourage children to call another oso polar and continue until 5 bears are on the chute.
- In the final verse, slow the parachute down and finish with it on the ground as the bears go to sleep.

6



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EYFS Curriculum links

Areas of Learning

Communication & Language

Personal, Social & Emotional Development

Physical Development

Numeracy

Literacy

Resources required:

Optional equipment

- Parachute
- 5 polar bear teddies or similar resource



Observation Opportunities

Copy gestures and words ie - calling another 'oso polar ~ polar bear'.

Work cooperatively and take turns with others - calling another bear/using parachute

Use large muscle movements to manipulate parachute (if using). Develop manipulation of finger & hand control (fingers)

Count in everyday contexts up to 5
Show 'finger numbers' up to 5

Enjoy songs and rhymes, tuning in and paying attention.

Why not try...
Camouflage and habitat

El camuflaje y el hábitat

El oso polar ~ the polar bear offers the perfect opportunity for early learning about animals in their habitat and camouflage.

- Ask the question - Why are polar bears white?
- On a large white sheet of paper or card, place either a picture or figure of polar bear on one side and any other non artic animal on the other, which one can you see most easily? Why?
- Introduce terms camouflage and habitat during discussion. Older chn could create a habitat for each animal on the paper using crayons/felt tips/collage materials.

