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EL PRADO - THE MEADOW



Standing

Focus word: un conejito - bunny (oon koh-neh-hee-toh)

This session's song



Sleeping Bunnies ~ Conejitos Dormidos

1 See the bunnies sleeping
Til it's nearly noon
Shall we wake them?
With a merry tune
They're so still
Are they ill?
Wake up soon!

Wake up little bunnies!

Hop little bunnies, hop, hop, hop x 3
Hop, hop and stop!

3 See the bunnies sleeping
But the day is not quite done
Shall we wake them?
With a merry song
They're so still
Are they ill?
Wake up soon!

Wake up little bunnies!

Skip little bunnies, skip, skip, skip x 3
Skip, skip and stop!

2 Ves los conejitos,
Durmiendo hasta al mediodía
Los despertamos
Con una melodía
Están muy quietos
¿Están enfermos?
¡Qué se despierten ya!

¡Despiertense conejitos!

Salten conejitos, a saltar x 3
¡Salten y paren!

4 Ves los conejitos,
Pero el día ya no se acabó
Los despertamos
con una canción
Están muy quietos
¿Están enfermos?
¡Qué se despierten ya!

¡Despiertense conejitos!

Brinquen conejitos, a brincar x 3
¡Brinquen y paren!

Suggested actions and movement

0-6 months:

- Start by cradling baby and making shhh noise during the verses
- Gently bounce baby during the choruses along to the music

6 months - 1 year:

- Lie down next to baby or with you and pretend to sleep during verses
- Jump up and bounce with baby, or pick them up as you gently bounce along to the music during choruses

1-2 years:

- Lie down next to child and pretend to sleep during verses making lots of sleepy noises!
- Sit up and bounce, or jump up and hop together during choruses.

2 years and beyond:

- Start laying down on the floor and encourage lots of sleeping noises!
- On the lines 'Wake up little bunnies ~ Despiertense conejitos' - jump up and hop/skip around the room.

Challenge older children to hop on one leg!



1



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Why not try...

¡Contando conejitos!
~
Counting bunnies!



Place a number of conejitos around your home or setting. These could be toys or simply drawn on a piece of paper. Send children on a hunt to find them all. They could work with an adult, independently, or with another child.

Challenge older children to sort the bunnies they find into size order using the words 'grande ~ big' and 'pequeño ~ small'. Integrate more Spanish using the numbers in both languages!

This activity is great for early learners to develop their numeracy skills and apply the focus word of the session.

EYFS
Curriculum
links



Areas of Learning

Communication & Language

Personal, Social & Emotional Development

Physical Development

Literacy

Expressive Arts and Design

Resources required:
Space for movement

Reinforce it by:
Use this song again when warming up for PE, or when they just need a wiggle break!



Observation Opportunities

Listen & respond to a simple instruction by performing actions in song

Show an ability to follow instructions involving several ideas or actions

Develop energetic movement by lying down & standing up, hopping and skipping

Say some of the words in songs & rhymes

Enjoy & take part in action songs

