



# EL PRADO - THE MEADOW



Hand  
actions

Focus word: pajaritos ~ baby birds (pah-hah-ree-tohs)

This session's song

## Two little dicky birds ~ Dos pajaritos

- 1 Two little dicky birds sitting on a wall  
One named Peter, the other named Paul  
Fly away Peter, fly away Paul  
Come back Peter, come back Paul.
- 2 Dos pajaritos posando en un muro  
Uno se llama Pedro, el otro es Pablo,  
Vuela Pedro, vuela Pablo,  
Vuelve Pedro, vuelve Pablo.
- 3 Two little dicky birds sitting in the tree  
One named Theo, the other named Joey  
Fly away Theo, fly away Joey  
Come back Theo, come back Joey.
- 4 Dos pajaritos posando en el árbol  
Uno se llama Teo, el otro es Pepito,  
Vuela Teo, vuela Pepito,  
Vuelve Teo vuelve Pepito.

## Suggested actions and movement

Start with index fingers on both hands pointing up, then hold up one finger for Peter and one for Paul.

Next link thumbs together and flap hands to make a flying bird action.

Then use one hand to beckon bird back and point index finger up again in succession.

Repeat same actions in every verse.

## Suggested adaptations

0-6 months:

Gently cradle and bounce baby in arms and then sway from side to side to fly away and come back.

6 months - 1yr:

Bounce baby on your knee as though they are sitting on the wall along to the music. Gently lift them up in the air to 'fly away' and then place them back on knee to 'come back'.

★ Challenge older children to use one hand flat in front of them for the 'wall/tree' and start the song like me in the video!





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Why not try...

## Pintar con plumas ~ Feather painting



Equipment: Craft feathers, paper, paint

Set out the paper, paint and feathers and enjoy creating obras de arte ~ works of art.

Children can create a range of effects with the different elements of the feather.

This acts as a double sensory activity for little ones to explore the texture of the feathers and the use of paint. Some older children might even want to try writing or making patterns with the tip and experiment with colour too!

EYFS Curriculum links

## Areas of Learning

Communication & Language

Physical Development

Numeracy

Literacy

Expressive Arts and Design

Resources required:  
None

Adapt it by:  
Use soft toy or small world birds or chicks to sing along to the song.

## Observation Opportunities

Copy gestures and words ie - repeated actions in song, two birds, fly away, come back

Remember sequences and patterns of movements which are related to music

Take part in finger rhymes with numbers

Say some of the words in songs eg fly away, come back

Sing a well known nursery rhyme through song

