

EL PARQUE - THE PARK



Focus word: the playground ~ parque infantil (ehl pahr-keh ihn-fahn-teeh!)

This session's song

¡Soy un superheroe! ~ I'm a superhero!

I En el parque infantil
C In the playground
Soy un superheroe
I'm a superhero!

Soy fuerte y valiente
I'm strong and brave
Con una capa invisible
With an invisible cape!

Standing

1 Puedo correr rapido
I can run really really fast
Más rapido que un guepardo
Faster than a cheetah

C En el parque infantil
In the playground...

2 Puedo trepar alto
I can climb up really high
Hasta que toco el cielo
So high I can touch the sky

C En el parque infantil
In the playground...

3 Puedo saltar a las alturas
I can jump really really high
A las alturas de un kanguro
A kangaroo can't even reach
this height!

C En el parque infantil
In the playground...

4 Puedo volar, puedo volar
I can fly, yes I can fly
Como una aguilá
Like an eagle
Volando, flying by

I Repeat intro chorus to
finish.

Suggested actions and movement for every verse

Chorus actions - to start song and after every verse

START HERE Start standing tall with hands on hips. **C**
I Put one hand out in front of body to make a
superhero action.

After first and last chorus
Lift one arm up to show fuerte ~ strong
then the other up to show valiente ~ brave.
Then grab hands towards shoulders to make
a capa ~ cape action.

Verse actions

1 Run quickly on the spot.

2 Make a climbing action and
reach up high.

3 Jump up as high as you can!

4 Fly around the space like a
superhero!

END HERE Repeat the introduction with
both chorus parts and enjoy
being a superheroe!

Suggested adaptations

0-1yr

- Stand up and be a superhero with baby too! Place one arm on your hip while holding baby in the chorus, then bring it out in front of you to be a superheroe!
- Follow the actions for each verse interacting with baby, running gently on the spot, lifting baby up to climb, bouncing them up and down to jump, then fly them around the room.

1

EL PARQUE - THE PARK



Focus word: the playground ~ parque infantil (ehl pahr-keh ihn-fahn-teehl)

Why not try...

Superhero Masks

Máscaras de superhero



This session's song is perfect for some dressing up so dig out the costumes if you have them or make your own superhero mask and let children decorate it however they like to feel just like a superheroe en el parque infantil.

You could use:

White card, elastic, black marker, scissors, coloured pens, pencils or crayons and any other craft items.

Draw a mask template on the white card, or find a printable one online.

Have children decorate the template first, leave to dry if needed, cut out and secure elastic for them to wear their mask.

EYFS Curriculum links

Areas of Learning

Communication & Language

Physical Development

Personal, Social & Emotional Development

Understanding the World

Expressive Arts and Design

Resources required:
Superhero mask (optional)

Integrate it by:
Use this song when learning about people who help us - the real life superheroes!

Observation Opportunities



Copy gestures and words in songs using the Spanish word pelota for ball.

Move energetically following a series of movement actions.

Be confident to try new things and develop independence.

Understand animal characteristics - cheetahs are fast, kangaroos jump high, eagles fly.

Anticipate phrases and actions in songs when hearing repeated phrases i.e chorus lyrics