

# EL BOSQUE - THE FOREST



Focus word: una castaña ~ a conker - (oo-nah kahs-tah-nyah)

This session's song

#### Conker ~ Castaña

- Soy una castaña bastante redonda I'm a conker and I'm kind of round Con una cáscara verde, erizo se llama My shell is like a hedgehog on the ground
- Conker, ker, ker,
  Casta a ña
  En otoño, in the autumn I am found
  Conker, ker, ker,
  Casta a ña
  En otoño, in the autumn I am found
- Soy una castaña bastante redonda I'm a conker and I'm kind of round Caigo del arbol a la tierra, From a tree I fall to the ground
- Conker, ker, ker ....
- Soy una castaña bastante redonda I'm a conker and I'm kind of round Mi nuez marrón es una sorpresa My brown nut is a surprise that's no doubt!
- Conker, ker, ker .....
- Conker, ker, ker,
  Casta a ña
  Take me home with you
  Conker, ker, ker,
  Casta a ña
  Llévame a casa contigo

### Suggested actions & movement

#### Sitting or standing actions

- Make a conker with a fist, then circle round it with one finger.

  Hold the palm of the other hand in front of the conker to make a spiky looking shell.
- Tap one fist down on the rhythm of conker and castaña, then make autumn leaves falling down with the palm of both hands. Repeat chorus with actions after each verse.
- Repeat first verse actions then press palms together and move them up and out to make a tree action and follow with both fists moving down to the ground like conkers falling from trees.
- Repeat first verse actions then point to the fist and open it out on the word 'sorpresa ~ surprise'.
- After the chorus, repeat the beginning chorus actions then place the fist on top of the palm of the other hand to mimic carrying the conker 'a casa ~ home'.

#### Suggested adaptations

Start of each verse - Gently tap fist on baby's tummy, then swirl around it with a fingertip. Chorus - Gently tap the rhythm on baby's tummy then stroke fingertips down like falling leaves.

VI - Tickle baby's tummy like a prickly hedgehog.

V2 - Gently lift, then lower baby.

V3 - Follow the same action as above so they can see, with a closed fist opening up to a surprise.

End - Carry baby 'home with you' like a little autumn conker.





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## Why not try...

# Conker Marble Run Tobogán de castañas

Equipment: Junk modelling items, toilet/kitchen roll tubes, blutack, sellotape and conkers.

Designate a wall or the back of a door (ensure it's not a spot where paintwork is precious just in case!)

This activity can be as simple or complex as possible, so it's a perfect opportunity for open ended exploration of materials and basic physics of dropping the conkers and having them travel through tubes and over the top of boxes etc.

Allowing the children to use blutack first will give them chance to try their conker runs out first and make any changes they like before securing with sellotape and enjoying lots of fun conker play!



# Areas of Learning

Communication & Language

Physical Development

Literacy

Understanding the World

Expressive Arts and Design

# Resources required: None

Make it interactive by:
Using real life conkers to
perform the song!

#### Observation Opportunities

Copy gestures and words in songs using the correct action for conker and castaña

Develop and refine small motor movements using both hands to perform the actions of the song.

Say some of the words in songs and rhymes: conker ~ castaña

Understand that conkers are nuts/seeds that grow on trees and fall down in the autumn.

Anticipate phrases and actions in the chorus of the song.

