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FELICES FIESTAS – HAPPY HOLIDAYS



Focus word: una estrella - a star (oo-nah ehs-treh-yah)

This session's song

Twinkle Twinkle ~ Estrellita, ¿dónde estás?

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| <p>1 Twinkle, twinkle, little star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle, twinkle, little star
How I wonder what you are</p> | <p>2 Estrellita, ¿dónde estás?
Me pregunto, ¿quién serás?
En el cielo, o en el mar,
Un diamante de verdad
Estrellita, ¿dónde estás?
Me pregunto, ¿quién serás?</p> | <p>3 Cuando el sol se ha ido ya
Cuando nada brilla más
Tú nos muestras tu brillar
Brilla, brilla, sin parar
Estrellita, ¿dónde estás?
Me pregunto, ¿quién serás?</p> | <p>4 When the sun has gone to bed
When the moon comes out instead
You show us how bright you are
Shine bright, shine bright, little star
Twinkle, twinkle, little star
How I wonder what you are</p> |
|---|--|--|--|

sitting



Suggested actions and movement

Repeated actions in each verse
Lines starting 'Twinkle... ~ Estrellita'

Open and close hands to make twinkling stars.
Make a curious gesture and point in front.

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| <p>1 Point up to the sky then bring hands down and together to make a diamond shape with thumbs and index fingers.
Repeat 'Twinkle ~ Estrellita' actions.
Wiggle fingers and bring arms up in front of face and out to the sides.</p> | <p>3 Make a big sun action with arms.
Put palms together and rest head upon them, Wag finger, point in front and back to yourself then repeat wiggle twinkling fingers action.
Repeat verse start actions.</p> |
| <p>2 Repeat verse 1 actions adding a wave action with hand on the words 'en el mar'.</p> | <p>4 Repeat V3 actions adding a crescent moon shape with cupped hand on the second line.
Wiggle fingers twinkling star action to finish.</p> |



Suggested adaptations

Babies

- This song offers the perfect opportunity for a relaxing moment with babies. Turn down the lights, put on a lamp, or even bring some calming sensory lights into the mix and enjoy laying and listening to the music together.
- For older babies who don't fancy laying down, sit them on your knee and perform the actions to them, this gives them a chance to imitate your movements and begin to coordinate their little hands to make twinkly stars up high in the sky.



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Why not try...



Night & Day

El día y la noche

Equipment: Paper plates, Blue & Black paint, silver glitter, white paper, felt tips, split pins

Make a simple night and day spinner by painting half of one paper plate black and the other half blue.

Add silver glitter to the black half to make the stars ~ las estrellas.

Draw a moon and sun on the white paper in felt tips and the words day ~ el día and night ~ la noche.

When the paint is dry, cut these out and stick them onto the correct halves of the plate.

Adults only

Roughly find the centre of a second paper plate and make a mark for the split pin.

Above the centre mark, draw out a semicircle window, then cut out.

Use a pencil, or sharp point to push through the centre of the window plate and again through the painted plate.

Fix the window to the painted plate and spin round to reveal night and day.

This resource is excellent for reinforcing vocabulary at home too, so adding the words is very helpful for little ones and parents.

EYFS Curriculum links

Areas of Learning

Communication & Language

Physical Development

Personal, Social & Emotional Development

Understanding the World

Expressive Arts and Design

Resources required:

None

Get creative by:

Make some twinkly stars and use them to sing along to this song

Observation Opportunities



Copy gestures and words in songs using hands to make twinkling stars.

Demonstrate control over hands and arms to perform some of the actions to the song.

Develop self control by sitting, listening and engaging with the song and actions.

Develop an understanding about the differences between night and day. We see the sun during the day and the stars at night.

Sing with increased pitch and control joining in on the familiar parts of the song.

